

WELL HEALTH TECHNOLOGIES CORP.

FOR IMMEDIATE RELEASE

JULY 12, 2019

WELL Health Announces Grant of RSUs and Stock Options

VANCOUVER, B.C. – July 12, 2019 – WELL Health Technologies Corp. (TSX.V: WELL) (the “**Company**” or “**WELL**”), the owner and operator of Primary Healthcare facilities and Electronic Medical Record service provider in Canada, is pleased to announce it has granted an aggregate of 831,085 restricted share units (each, a “**RSU**”) to certain key employees, consultants, officers and a director of the Company pursuant to the Company’s Long-Term Performance Incentive Plan (the “**LTIP**”) allocated as follows: (i) 414,620 RSUs to certain officers and a director; and (ii) 416,465 RSUs to certain employees and consultants.

Each RSU represents the right to receive, once vested, one common share in the capital of the Company.

The RSU’s vest as follows:

- 228,000 RSU’s: all vest in equal quarterly amounts of 25% per quarter from the Start Date of May 23, 2019; and
- 603,085 RSUs: 33% vest on July 12, 2020; 33% vest on July 12, 2021; and 34% vest on July 12, 2022.

The Company also announces it has granted an aggregate of 1,425,000 stock options (each, a “**Option**”) to certain key employees, consultants and officers pursuant to its Stock Option Plan, allocated as follows: (i) 870,000 Options to officers; and (ii) 555,000 Options to certain employees and consultants, at an exercise price of \$1.42 per common share. Such price is based from the prior 10 day volume weighted average price of the Company’s stock. Each Option granted to the optionee is exercisable for a period of 5 years. All Options vest as follows: (a) 25% one year following the date of grant, and (b) 75% vest over a three-year period in equal quarterly amounts of 6.25% per quarter.

All Securities issued will be subject to an Exchange Hold Period (as defined by the policies of the TSX Venture Exchange) of four months and one day following the original issuance of such securities.

On Behalf of the Board of Directors

WELL HEALTH TECHNOLOGIES CORP.

Per: “Hamed Shahbazi”
Hamed Shahbazi
Chief Executive Officer, Chairman and Director

For further information:

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Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.